GOVERNMENT OF INDIA
HUMAN RESOURCE DEVELOPMENT
LOK SABHA

UNSTARRED QUESTION NO:2418
ANSWERED ON:31.07.2017
Protein under MDMS
Dev Km. Sushmita

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government proposes that millets be distributed across the country under Mid Day Meal Scheme (MDMS) and if so, the details thereof;
(b) the steps taken/to be taken by the Government to ensure the fullfilment of the minimum protein requirement under the mid-day meal scheme; and
(c) whether there are any States currently unable to meet the said protein requirement and if so, the details/reasons therefor?

Answer

MINISTER OF STATE IN THE
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(SHRI UPENDRA KUSHWAHA)

(a): Under the Mid Day Meal Scheme, there is a provision of wheat, rice and coarse grains as food grains. The quantity of food grains is calculated on the basis of number of children, number of school days and types of food grains (Wheat, Rice, Coarse grains) proposed by States/UTs as per their requirement in Annual Work Plan & Budget (AWP&B) and approved by Program Approval Board of Mid Day Meal Scheme (PAB-MDM). The food grains are allocated biannually by the Department of School Education and Literacy with the concurrence of Department of Food and Public Distribution. As per AWP&B 2016-17 and 2017-18, there is no requirement of coarse grains from any of the States/UTs.
(b) & (c): The MDM Rules, 2015 prescribe the following nutritional content in the mid day meal in accordance with the Schedule II of National Food Security Act, 2013:
<pre>
Components Primary Upper Primary
Calories 450 Cal 700 Cal
Protein 12 gms. 20 gms.
</pre>
The above nutritional norms are met by providing the following food items to the children of primary and upper primary classes under MDM:
<pre>
S.
No.
Items Primary Stage Upper Primary Stage
Food
norms
(in gms)
Energy
content
(in KCal)
Protein
Content
(in gms)
Food
norms
(in gms)
Energy
content
(in KCal)
Protein
Content
(in gms)
1. Foodgrains
(Rice /
Wheat)
100 340 8 150 510 14
2. Pulses 20 70 5 30 105 6.6

3. Vegetables
(Leafy &
Others)
50 25 -- 75 37 --
4. Oil & Fat 5 45 -- 7.5 68 --
5. Salt &
Condiments
As per
need
-- -- As per
need
-- --
480 13 720 20.6
</pre>
The Mid Day Meal Scheme (MDMS) is a Centrally Sponsored Scheme implemented in partnership with the States/UTs. The overall responsibility for providing cooked and nutritious mid-day meal to the eligible children lies with the State Governments and Union Territory Administrations. The States/UTs fix their menu as per their local needs, in order to meet the prescribed nutritional content including proteins requirements. Some States/UTs also provide milk, egg etc as additional item to ensure the fulfillment of nutritional content including the protein requirement under the mid-day meal scheme.